



OXFORD'S COUNCIL CHATTER



**DECEMBER
2025**

COA/SENIOR CENTER

323 Main Street, Oxford, MA 01540

Tel: 508-987-6000 ~ Email: seniorcenter@oxfordma.us

DIRECTOR

Laura Wilson
Notary Public

ASSISTANT DIRECTOR

Kristen Zamis

STAFF MEMBERS

Cindy Nagle (Outreach)
Deb Bayer
Deb King
Janet Stoica
Bruce Myotte

COUNCIL ON AGING

BOARD MEMBERS

Robert Krasinskas
Chairman

Rose Wing
Vice Chairman

Jody Williams
Secretary

Maureen Brusa
Karen Erickson
Carole Fegreus
Carolyn Merson

The COA board meets
every 2nd Thursday of
the month except July
and August

OFFICE HOURS

Monday-Friday

8:30 am to 3:00 pm

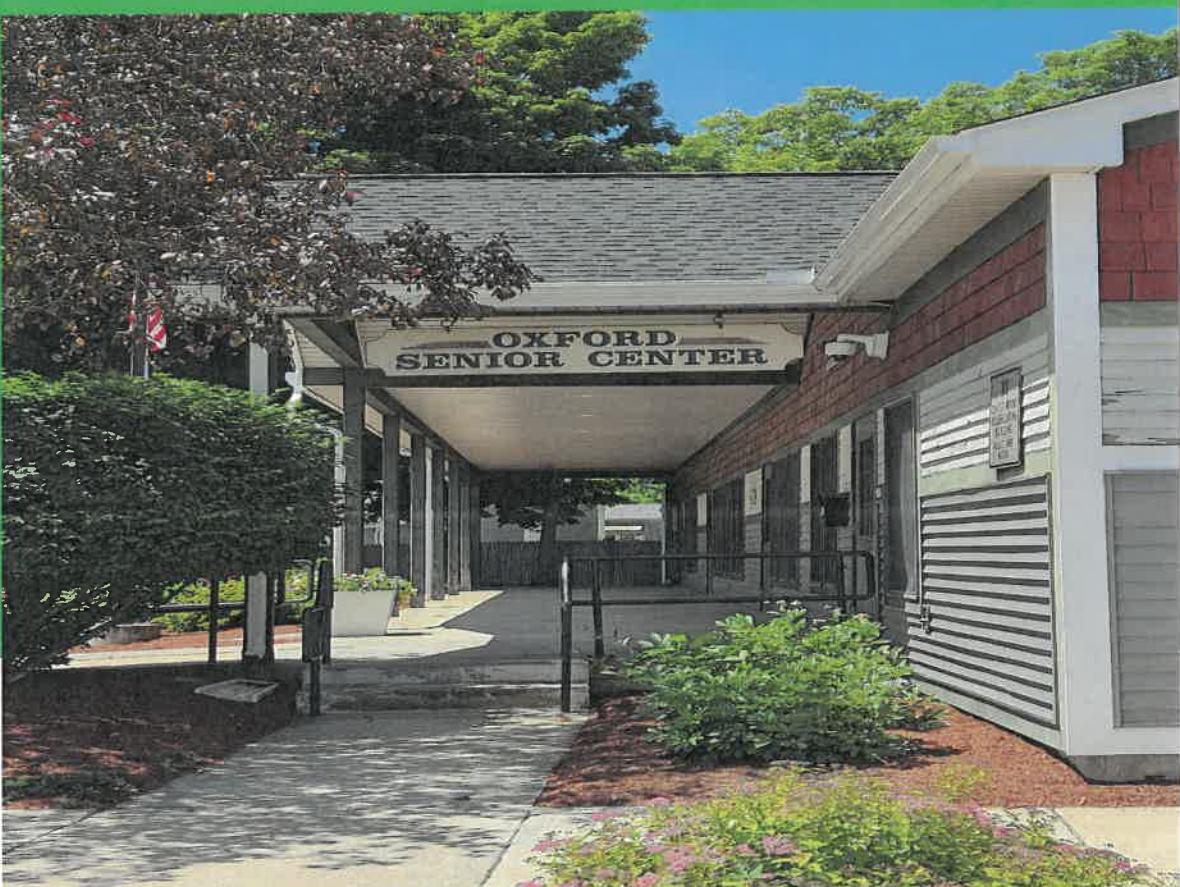
****Save the date****

Fun, Frost & Family Winter Festival

Saturday, January 31st

More details to follow in our January Newsletter!

The Senior Center will be **Closing** at 12:00 pm on
Wednesday, December 24th and will be **Closed** on
Thursday, December 25th.



From the Director's Desk.....



And just like that, 2025 is gone!!!!

*Actually this whole year seemed to fly, but the memories
will last forever*



We have had a lot of fun, and have been very busy.

Hopefully you had as much fun as we did!!

*We are already starting to plan next years activities,
presentations, lunch outings and bus trips*

We hope to see more of you next year @ the Senior Center

*Please take time this month to enjoy your family and
friends as we celebrate the Christmas season, and prepare
for 2026*

*The Staff and I wish you all a MERRY CHRISTMAS and
HAPPY NEW YEAR*





"YOUNG AT HEART CAFÉ "

December Lunch Menu

**Lunches are served Tuesdays and Fridays at 11:45AM
(Takeout meals MUST be picked up by 12:30PM)
*** RESERVATIONS A MUST ! *****

**Please call (508-987-6000) 48 hours in advance to order a meal. Please call the Friday before for Tuesday meals and the Wednesday before for Friday meals
\$ 5.00 dine in / \$ 6.00 take-out (suggested donation)**

****MENU SUBJECT TO CHANGE DUE TO FOOD SHORTAGES/AVAILABILITY****

Tuesday 12/2: Baked Potato Bar w/ Fixings, Fresh Baked Cookies

Friday 12/5: Sheperd's Pie, Dinner Roll, Grinch Fluff

Tuesday 12/9: Baked Chicken w/Stuffing & Gravy, Mashed Potatoes, Garden Blend Veggies, Birthday Cake

Friday 12/12: Baked Fish, Mashed Potatoes, Glazed Carrots, Brownie

Tuesday 12/16: Baked Ziti w/Meat Sauce, Green Salad, Italian Bread, Jell-O w/Topping

Friday 12/19: French Meat Pie w/Gravy, Buttered Peas, Ice Cream

Tuesday 12/23: Baked Ham, Scalloped Potatoes, Green Bean Almondine, Spumoni

Friday 12/26: NO LUNCH

Tuesday 12/30: Hot Dog, Baked Beans, Coleslaw, Brown Bread, Pudding Parfait

- Please inform our staff if you have a food allergy.
- Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

SENIOR SERVICES



Tri-Valley Inc.

Options Counselor, Kristina Goode will be at the Senior Center on the 3rd Tuesday of the month *by appointment* from 12:30PM to 2:00PM.

She can provide information and support to help people make informed decisions about their care and long term goals.

To schedule, call 508-987-6000

Need assistance with MASSHEALTH? Sign-up with a Certified Application Counselor at Tri-Valley Inc. They can help with Eligibility, Medicare Savings, Updating Documentation, & Renewals

To schedule, call 508-949-6640 X 7250

Oxford Food Shelf

Need assistance with food? Oxford Residents can visit the Food Shelf on Thursday nights from 4:30PM to 6:30PM. Located in the lower level of the Community Center. Registration is required if you are a first time visitor.



Holiday EVENTS

Thursday, December 11th @ 12pm ~ Craft, Cocoa & Cookies
(RSVP by December 9th)

Tuesday, December 16th @ 12:30pm ~ “Live” Game Show
(Family Feud, Wheel of Fortune, Jeopardy)

Friday, December 19th @ 1pm ~ Clara Barton 5th grade Student Council visit with homemade holiday gifts

Tuesday, December 23rd @ 12:30pm ~ American Heritage Girls Scout Troop sing Christmas Carols

Wednesday, December 31st @ 12:00pm ~ New Year’s Eve Celebration
(RSVP by December 22nd)



MONTHLY ACTIVITIES:

January
February
March
April
May
June

July
August
September
October
November
December

Let's Talk Oxford History

Tuesday, December 9th @ 1:00pm

MEN's Coffee Group

Wednesday, December 10th @10:30AM

Senior Safety with Oxford Fire/EMS

Friday, December 19th @ 12:30PM

Breakfast w/ The Chief

NO breakfast in December

Next Breakfast Thursday, January 22, 2026

BEANO

December 26th @ 12:30PM (Time Change)



Our Senior Book Club meets the 1st Friday of each month. Our next meeting is: *Friday, January 5th @ 12:45PM*

Our book pick is: **The Children's Blizzard**

A devastating natural disaster that took place in 1888 affecting multiple Midwestern states, claimed the lives of many people including children

MOVIE MATINEE

Friday, December 12th @ 12:45PM



“The Family Man”

Jack's lavish, fast-paced lifestyle changes one Christmas night when he stumbles into a grocery store holdup and disarms the gunman. The next morning he wakes up in bed lying next to Kate, his college sweetheart he left in order to pursue his career, and to the horrifying discovery that his former life no longer exists. As he stumbles through this alternate suburban universe, Jack finds himself at a crossroad where he must choose between his high-power career and the woman he loves.



December Trivia Question:

“What beverage company has been using Santa Claus in its advertising since 1931?”

November Trivia question was “November always ends on the same day of the week as what other month?”

The correct answer is “August” provided by Sheryl Parker

We will draw our next winner December 12th

Winner gets (2) FREE lunch tickets



STRENGTH & BALANCE

Tuesdays @ 9:15 AM/ 45 minute class

Instructor: Donna Freeland

Increase your strength and balance with light exercise. Use of small hand weights, balls and stretch bands are encouraged

CHAIR YOGA

Wednesdays @ 9:15 AM/ 60 minute class

Instructor: Heidi Gambaccini / CYT

Seated & standing yoga poses to help stretch and relax your body

*** *Classes are \$3.00 per session***

~~~~~

**CHAIR VOLLEYBALL~ *Wednesdays @ 1:00 pm***

***Stay seated while using a beach ball & have fun!***



## December Birthdays

Valorie Hall, Richard Reilly, Marie Susan Laporte, Jean Silver, John Murdock III, Sheila Mann, Jean Day, Gayle Longtin, Sally Bates, Margaret Bennett, William MacGillivray, Bayne, Booker, Patricia Robbins, Marie LaCroix, Marie Bigwood, Ruth Dionne, Marion Racicot, Joan Sherman, Denise O'Malley, Michael McGinty Sr, Donald Eames, Kathleen White, Herbert Rhinehart, Donald Castell, Ellen Kiwak, Linda Sterritt, Carol Yeaton, Carol Spooner, Susan Olney, Joan Shea, Paulette McDonald, Edgar Bucaro, Eric Willar, Michael Cazeault, Joann Chamberland, Jeffrey Rawson, Jeffrey Hammond, Robert Pupka, Ruth Wennerholt, Kathleen Gardner, Carole Rogan, Susan Saad, John Baxter, Mary Ann Bates, Beverly Plante, George Amaral, Raymond Gero, Albert Zelley, Diane Salek, Robert Parker, Leon Cahill, Dana Swanson Sr, Frank Masiello, Jacqueline Sullivan, Carol Howard, Bonnie Smith, Alice Persico, Rose Smoolca, Jeannine Ross, Marilyn Fafard, Collette Gage, Mark Thibodeau, Donald Petka, Elisabeth Allen, Priscilla Morris, Janice Stone, Sandra Harris, Eugenia Burda, David Russell, Elaine Schellbach, Joan Cutroni, Barbara Masuzzo, Diane Ford, Jeanne Eames, Karen Vigeant, William Levie, Denise Blevins, Judith Krupinski, William Zoldak, Nancy Ohan, Maurice St Germain Jr, June Carpenter, Terry Atwater, Louise Martin, Linda Butkus, Joseph Saad, Darlene Desautels, Patricia Bogatkowski, Constance Stafford, Richard Sweeney, April Dugan, Bernard Germain Jr, Rene Hamel, Mary Bruso, Marlene Gondek, Virginia Giannette, Mary White, Normand Patenaude Jr, Carol Goldsmith, Richard LaFontaine, Christina St Martin, Joy Reece, Donna Dunn, Carol Flynn, Amy Clouthier, Joseph Ellis, Susan Nasrani, Sandra Heeps, Suzanne Bernier, Alfred Banfill, Jeanne Zaleski, Antoinette Strom, Betty Gregson, Theresa LeQuesne, Carol Chase, Patricia Beauregard, Cindy Sisterhenm, Cheryl Dion, Paul Stary, Sanni Ryan, Nancy Roy, Darleen Klebart, Miguel Garay, Carol Uppgard, Leda Cosentino, Sandra Gregson, Patricia Shannon-Derie, Carol Oberg, Roger Butler, Kathy Maciejewski, Susan Gustafson, Rosemary Davis and James Schrecke

## DICKENS CHARACTERS

AMY DORRIT

BARKIS

BAYHAM BADGER

BAZZARD

BELLE

BETSY

BITZER

BUCKET

BUMBLE

CODLIN

FAGIN

JOHN WILLET

MARLEY

MISS HAVISHAM

MR LILLYVICK

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | B | A | Y | H | A | M | B | A | D | G | E | R | K | U |
| U | I | Y | E | E | S | Z | Z | B | T | J | B | C | E | I |
| L | R | R | B | G | K | K | U | Y | Y | W | I | S | N | W |
| K | E | I | R | S | O | C | C | V | C | V | T | T | T | N |
| I | Z | V | S | O | K | O | Y | N | Y | N | E | C | N | M |
| N | T | A | U | E | D | I | R | L | A | L | A | S | I | A |
| G | I | B | T | S | W | Y | L | C | L | P | L | N | L | R |
| H | B | N | E | O | G | I | M | I | S | B | E | T | D | L |
| O | E | I | K | T | L | B | W | A | U | K | T | R | O | E |
| R | L | F | I | R | S | N | A | M | Y | O | I | Q | C | Y |
| N | L | F | M | N | H | Y | B | R | P | Q | H | D | V | H |
| I | E | U | S | O | V | L | U | L | K | T | O | O | T | S |
| G | G | V | J | B | E | Y | N | Q | P | I | O | L | C | J |
| A | Z | N | D | R | A | Z | Z | A | B | A | S | U | B | L |
| F | O | N | M | A | H | S | I | V | A | H | S | S | I | M |

NANCY

SMIKE

PANCKS

TOOTS

PERCH

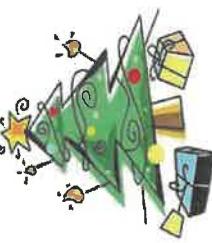
TULKINGHORN

POTT

VUFFIN

SCROOGE

# DECEMBER 2025 ~ OXFORD SENIOR CENTER

| Monday                                    | Tuesday                                                                                                                                                                                       | Wednesday                                                                                                                                | Thursday                                                                                                                              | Friday                                                                                                                                               |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><b>CRIBBAGE 10AM TO 12PM</b>  | <b>2</b><br><b>STRENGTH &amp; BALANCE 9:15AM</b><br><b>NEEDLE WORKERS 10:15AM</b><br><b>LUNCH 11:45AM</b><br><b>CHRISTOPHER HEIGHTS PRESENTATION @ 12:30PM</b>                                | <b>3</b><br><b>CHAIR YOGA 9:15AM</b><br><b>NEEDLE WORKERS 10:30AM</b><br><b>CHAIR VOLLEYBALL 1PM</b>                                     | <b>4</b><br><b>DOMINOES 10AM TO 12PM</b>                                                                                              | <b>5</b><br><b>CRIBBAGE 10AM TO 12PM</b><br><b>LUNCH 11:45AM</b><br><b>BOOK CLUB @ 12:45 PM</b>                                                      |
| <b>8</b><br><b>CRIBBAGE 10AM TO 12PM</b>  | <b>9</b><br><b>STRENGTH &amp; BALANCE 9:15AM</b><br><b>NEEDLE WORKERS 10:15AM</b><br><b>LUNCH 11:45AM</b><br><b>LETS TALK OXFORD HISTORY @1PM</b>                                             | <b>10</b><br><b>CHAIR YOGA 9:15AM</b><br><b>NEEDLE WORKERS 10:30AM</b><br><b>MENS GROUP @ 10:30AM</b><br><b>CHAIR VOLLEYBALL 1PM</b>     | <b>11</b><br><b>COA MEETING @ 9:30AM</b><br><b>DOMINOES 10AM TO 12PM</b><br><b>COCOA, COOKIES &amp; CRAFT @12PM(SIGN UP ACTIVITY)</b> | <b>12</b><br><b>CRIBBAGE 10AM TO 12PM</b><br><b>LUNCH 11:45AM</b><br><b>MOVIE @ 12:45PM</b>                                                          |
| <b>15</b><br><b>CRIBBAGE 10AM TO 12PM</b> | <b>16</b><br><b>STRENGTH &amp; BALANCE 9:15AM</b><br><b>NEEDLE WORKERS 10:15AM</b><br><b>LUNCH 11:45AM</b><br><b>OPTIONS COUNSELING BY APPT ONLY</b><br><b>GAME SHOWS FOR SENIORS 12:30PM</b> | <b>17</b><br><b>CHAIR YOGA 9:15AM</b><br><b>NEEDLE WORKERS 10:30AM</b><br><b>CHAIR VOLLEYBALL @ 1PM</b>                                  | <b>18</b><br><b>DOMINOES 10AM TO 12PM</b>                                                                                             | <b>19</b><br><b>CRIBBAGE 10AM TO 12PM</b><br><b>LUNCH 11:45AM</b><br><b>OXFORD FIRE/EMS @ 12:30PM</b><br><b>CLARA BARTON 5TH GRADERS VISIT @ 1PM</b> |
| <b>22</b><br><b>CRIBBAGE 10AM TO 12PM</b> | <b>23</b><br><b>STRENGTH &amp; BALANCE 9:15AM</b><br><b>NEEDLE WORKERS 10:15AM</b><br><b>LUNCH 11:45AM</b><br><b>AMERICAN HERITAGE GIRLS CHRISTMAS CAROLING @ 12:30PM</b>                     | <b>24</b><br><b>CHAIR YOGA 9:15AM</b><br><b>NEEDLE WORKERS 10:30AM</b><br><b>CLOSING @ 12:00PM</b>                                       | <b>25</b><br><br><b>CLOSING</b>                    | <b>26</b><br><b>CRIBBAGE 10AM TO 12PM</b><br><b>(NO LUNCH)</b><br><b>BEANO @12:30PM</b><br><b>TIME CHANGE</b>                                        |
| <b>29</b><br><b>CRIBBAGE 10AM TO 12PM</b> | <b>30</b><br><b>STRENGTH &amp; BALANCE 9:15AM</b><br><b>NEEDLE WORKERS 10:15AM</b><br><b>LUNCH 11:45AM</b>                                                                                    | <b>31</b><br><b>CHAIR YOGA 9:15AM</b><br><b>NEEDLE WORKERS 10:30AM</b><br><b>NEW YEARS EVE CELEBRATION @ 12:00PM</b><br><b>MUST RSVP</b> |                                                                                                                                       |                                                                   |

Town of Oxford  
323 Main Street  
Council on Aging \* Senior Center  
Oxford, MA 01540



## SERVICES FOR OUR SENIORS

Transportation Assistance:

(IN Town COA Van/ OUT of Town WRTA ~508-752-9283)

Lunch (Tuesday & Friday)

SNAP (Food Stamps) & Fuel Assistance Applications

Medical Equipment Loan

File of Life Cards

Computer Use

Copies/Faxing (25 cents per copy)

Notary Services - **please call ahead**